



## **Job Posting: Mental Health Counsellor (Casual Position)**

### **About the Organization:**

The Toronto New Life Wellness Place is a social enterprise designed to create a space where clients enhance their mental wellness in ways that allow them to thrive and prosper. Individuals, couples and families seeking to improve their mental wellbeing can access a holistic suite of mental health and wellness services within a stigma-free, multicultural, multilingual environment. Services are provided by highly qualified, culturally diverse, multilingual professionals with a wealth of talent and experience.

### **Position Summary:**

The **Toronto New Life Wellness Place Practitioner** will be responsible for providing assessment, counselling and/or psychotherapy to TNLWP clients, using evidence-based practice. This is a temporary contract position. The successful incumbents will be included in a roster of counsellors providing services to TNLWP and will provide ad-hoc services as per their availability for a set hourly fee.

### **Duties and Responsibilities:**

- Complete a mental health assessment for clients, utilizing a variety of evidence-based assessment tools.
- Provide culturally appropriate mental health intervention (e.g., counselling, psychotherapy) to TNLWP clients, as per professional qualifications and expertise, and clients' needs
- Deliver psychoeducational sessions to groups of clients using existing curriculum (optional, as per individual expertise)
- Deliver group therapy (optional, as per individual expertise)
- Maintain appropriate record-keeping/documentation and client files as required by TNLWP procedures.
- Provide reports and letters upon organizational or client request.

### **Qualifications:**

- A university degree in counseling, psychology, social work or related mental health field (in or outside of Canada)
- Registration with CPO, CRPO, OCSWSSW, COTO, and/or CNO an asset
- Experience in providing counselling and/or psychotherapy
- Ability to communicate proficiently in English and at least one other language
- Strong understanding of and ability to work with clients from different cultures and ethnic groups

- Flexibility of scheduling
- Demonstrated knowledge of risk assessments and suicide prevention
- Demonstrated knowledge of record keeping and report writing
- Commitment to values of diversity, social change and anti-oppression

The primary location of this position is 1122 Finch Avenue West, North York. However, counselling sessions may happen in other sites around the GTA as per clients' needs.

**Please note that only candidates who are selected to be interviewed will be contacted.**

**Please apply by sending your resume and cover letter to [info@newlifeplace.ca](mailto:info@newlifeplace.ca) by September 23<sup>rd</sup>, 2019. Please include "Application for the position of TNLWP Mental Health Counsellor" in the subject heading of your application.**

For more information about the Toronto New Life Wellness Place, visit <https://www.newlifeplace.ca>